2015 New Taipei City Marathon Association

Cherry Blossom Blvd. Marathon

**Race Instruction**

**Important Notes for Participants**

* Only registered runners will be allowed to participate. No transfers are allowed.
* The route of this race wanders around the mountains and thus would be more difficult than the race held in the metropolitans. All participants are expected to be trained and prepared for the Marathon and will be held responsible for their own health and ability to run the race.
* Participants are warned not to enter the race in poor state of health. Runners are advised to retire the race when detecting any sign of possible poor physical condition before and during the race.
* Emergency medical care will be available to deal with accidents during the race only, but the organizer is not liable for any further medical care.

**Event Schedule**

Feb. 1 (Sun), 2015

6:30 - 8:00 Bib number picking up (For oversea runners not dwelling in Taiwan

 only) and baggage check

8:30 Race starts

12:00 Victory Ceremony

15:00 Marathon Race ends

**Checking-in Information (For Overseas Runners NOT Dwelling in Taiwan)**

* Time: 6:30 a.m., Feb. 1 (Sun), 2015.
* Location: New Taipei City Shuang-xi High School (Start Point)
* Please show your passport when checking-in.
* Please be sure to collect the Bib number and the T-shirt when checking in.
* Please be sure to attach the Bib number in front.

**Baggage Check**

* Time: 7:30 – 8:30
* Please fasten your baggage.
* Your bib number must be presented when checking and claiming your baggage.
* Please be sure to pack your belongings in a single bag. Additional bags will not be accepted for deposit.
* It is recommended not to put fragile and valuable items in your baggage. Please note that the organizer is not responsible for damage and loss of valuables.

**Assembly of Runners to Start Line**

Time: 8:10 – 8:30

Due to space constraint at the start line to ensure smooth start of the race, runners are advised to line up in areas corresponding to your estimated finishing time. The race staff will hold the banner with estimated finishing time at the assembly area.

**Important Notes during the Race**

* Runners should stay alerted, though there is little traffic through the whole course, except the lead vehicle. Please note also that escort vehicles might be on the course.
* Fluid stations will be set up along the course (6 stations).
* Taking alcoholic beverages during the race is prohibited.
* Runners who have not reached the turn around point at 12:30 pm will be disqualified.
* The fluid stations will subsequently close up from 1:00 pm based on 30 mins interval, and the sixth station the first one to be closed up at 1:00 pm. Runners not passing the closed fluid station will also be disqualified
* Toilets are located at various points on the course (public and temporary toilet facilities).

**Important Notes after the Race and Finisher's Certificate**

* You'll get the finisher's medal with a bath towel at finish line.
* The organizer would provide lunch box after a runner finishes the race. Please fetch them with your bib number.

**Transportation Information**

It is highly recommended to take train to Shuang-xi Township (there is no bus service to and from Shuang-xi). The race venu, Shuang-xi High School, is only around 600 meters away from Shuang-xi Train Station.

Train(s) From Taipei To Shuangxi ,departing from 05:00 To 06:30

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Train Type** | **Train Code** | **Origin-Dest** | **Departure** | **Arrival** | **Estimate Time** |
| Local Train | 4118 | Shulin→Suao | 05:05 | 06:11 | 01h 06m |
| Local Train | 4128 | Shulin→Suao | 05:35 | 06:43 | 01h 08m |
| Local Train | 4140 | Shulin→Suao | 06:25 | 07:34 | 01h 09m |
| Tze-Chiang | 404 | Shulin→Taitung | 06:30 | 07:26 | 00h 56m |

Train(s) From Shuangxi To Taipei ,departing from 11:00 To 17:00

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Chu-Kuang | 553 | Hualien→Kaohsiung | 12:32 | 13:44 | 01h 08m |
| Local Train | 4171 | Suao→Shulin | 13:02 | 14:12 | 01h 10m |
| Chu-Kuang | 607 | Taitung→Shulin | 13:32 | 14:45 | 01h 13m |
| Local Train | 4173 | Suao→Shulin | 14:12 | 15:25 | 01h 13m |
| Local Train | 4177 | Suao→Yangmei | 14:29 | 15:46 | 01h 17m |
| Tze-Chiang | 175 | Hualien→Kaohsiung | 15:02 | 15:56 | 00h 54m |
| Local Train | 4027 | Hualien→Shulin | 15:10 | 16:16 | 01h 06m |
| Local Train | 4191 | Suao→Yinge | 16:20 | 17:46 | 01h 26m |
| Tze-Chiang | 177 | Hualien→Chiayi | 16:43 | 17:41 | 00h 58m |

Please be informed that the ticket sellers of Taiwan Railway might not be able to speak fluent English. You may directly point the above info to the ticket sellers.

**Weather Condition**

Shuang-xi is located near the north-eastern coast of Taiwan. The weather here in winter is often cold (average 14 ℃) and humid. Rainy days with quite low temperature along the course are often expected. Proper clothing is highly recommended to keep warm before race starts.

For detail weather information in Taiwan, please refer to the web site of Central Weather Bureau of Taiwan:

<http://www.cwb.gov.tw/eng/index.htm>

(Please check the weather report for "Keelung North Coast".)

**Hotel**

* There are few hotels in Shuang-xi. It is suggested that the participants order the hotel in Taipei City and take the train to Shuang-xi on the race day.
* There are numerous hotels and hostels in the neighborhood of Taipei Railway Station, including the most luxurious Hotels and the most affordable Youth Hostel.

**Traveling Information**

For other traveling information, including the recommended trip packages, airlines and hotel information, please refer to the following web site. Please be noted that the Race Organizer is not liable for the accuracy of the information provided in these web site.

Taiwan: Heart of Asia (powered by Tourism Bureau of Taiwan)

<http://eng.taiwan.net.tw/>

Taipei Travel Net (powered by Department of Information and Tourism, Taipei City

Government)

<http://www.taipeitravel.net/en/>

Agoda: Smarter Hotel Booking (Web page for Taipei)

<http://www.agoda.com/asia/taiwan/taipei.html?cid=1410172&urltogo=/asia/taiwan/taipei.html>

**Additional Information**

* There will be several volunteers able to speak fluent English on the race day. If you need help, please don't hesitate and look for them.
* The information listed here might be changed without notice (esp. the train schedule). Thus, please be sure to check the information one week before the event.

We heartily welcome you to join us on Feb. 1, 2015 and have a wonderful marathon vacation.

If you have any other problems, please reach the Service Contact:

tpmarathon@gmail.com